

Notice.

For the future, copies of the NURSING RECORD will be on sale at 269, Regent Street, price 1d. As this address is close to Oxford Circus, it will be found a Central Depot.

Comments and Replies.

Mrs. Broadbent, Manchester.—We thank you for kind letter. We shall watch the work of your Society with interest.

Candidate.—The limit of age for admission to the Army Nursing Service is thirty years. Nursing Sisters receive £30, rising to £50. Superintendents receive pay at the rate of £20 a year in addition to pay as Nursing Sisters. Forms of application may be had from the War Office, Pall Mall, W.

Certificated Nurse.—We do not advise it under the present management. Why should you with a three years' certificate from a general hospital, submit your qualifications to a Board, many members of which do not possess the same qualifications, and who have not even placed their own names on the register which they control. In our opinion few well-trained and self-respecting nurses will place themselves in such an invidious position.

A British Nurse.—We do not agree at all with your views. We know of no reason for excluding a woman from the nursing profession on account of her colour. In our opinion, character and capacity are the qualifications demanded. Why should you object to work with a coloured woman? What is there in your skin which is so superior to hers? We should advise you to cultivate more liberal views.

Monthly Nurse.—Callipers are instruments used to ascertain externally the pelvic measurements, which may by this means be obtained with a great degree of accuracy. You would never be required to use them yourself, but you ought to know a pair of callipers by sight, in order to be able to hand them to a medical man if asked for them.

Anxious Mother.—The *Nursing Directory* is a most useful book of reference, and will give you information about all the principal London and Provincial Training Schools. It may be obtained from the Offices of the NURSING RECORD, 11, Adam Street, Strand, price 5/-. It is issued under the authority of the Matrons' Council, and only nurses who have a three years' certificate, and are recommended by their Matrons, are eligible for admission.

Private Nurse.—Fish is an article of food which is much liked, and is very useful for invalids. White fish, such as cod, haddock, turbot, halibut, and flounder, are the best kinds to choose, as they are easy of digestion, and possess a delicate flavour. It is most important that the fish prepared for invalids should be absolutely fresh. It is well to remember that the flesh of good fresh fish is firm and hard, and that it should rise at once when pressed with the finger. Fish is stale when the flesh is soft and flabby, the eyes dull or sunken, and the gills pale.

Nurse P., Worcester.—In nursing a case of pneumonia, you should know what are unfavourable symptoms, in order to report accurately to the medical man upon the condition of the patient. Prune-juice coloured expectoration signifies a very severe form of the disease, with stagnation of blood in the lungs. Much liquid expectoration is evidence of œdema of the lungs and a failing heart. Lividity shows that the heart is giving way, and cessation of expectoration about the fifth or sixth day, with rattling in the throat and chest, shows that the patient is too weak to clear his bronchial tubes.

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